

WHOLE SCHOOL COVERAGE

The following grid shows the coverage of PSHE & RHE across EYFS-6 at our school. Each unit has been carefully and progressively planned to build upon pupils' current knowledge and skills. However, as situation happen and change every day we have to be flexible with this curriculum overview to meet the needs of the children in our school and our year groups. Within each unit, pupils will learn knowledge about different aspects of Relationships, Living in the Wider World and Health and Well-Being and these will build progressively on previous units.

	Block 1 (weeks 1-12)			Block 2 (weeks 12-24)			Block 3 (weeks 24-39)		
EYFS Cycle A & B	RELATIONSHIPS			LIVING IN THE WIDER WORLD			HEALTH AND WELLBEING		
	Me and My Relationships		Keeping Safe	Valuing Difference		Rights and Respect	Being My Best		Growing and Changing
Overarching Themes Across All Cycles (based upon PSHE Association Thematic Model)	RELATIONSHIPS			LIVING IN THE WIDER WORLD			HEALTH AND WELLBEING		
	Families and Friendships	Safe Relationships	Respecting Ourselves and Others	Belonging to a Community	Media Literacy and Digital Resilience	Money and Work	Physical Health and Mental Wellbeing	Growing and Changing	Keeping Safe
Y1/2 Cycle A	Special People Roles of different people; families; feeling cared for	Who Can Help? Recognising privacy; staying safe; seeking permission	Good Friends How behaviour affects others; being polite and respectful	Taking care of something? What rules are; caring for others’ needs; looking after the environment	Sharing Pictures Using the internet and digital devices; communicating online	How should we look after our money? Strengths and interests; looking after money	Eat Well Keeping healthy; food and exercise, hygiene routines; sun safety	Thinking about our Feelings Recognising what makes them unique and special; feelings; managing when things go wrong	Basic First Aid
Y1/2 Cycle B	Being A Good Friend Families and Friendships - Making friends; feeling lonely and getting help	Should I tell? Managing secrets; resisting pressure and getting help; recognising hurtful behaviour	A Helping Hand Recognising things in common and differences; playing and working cooperatively; sharing opinions	Feeling Left Out Belonging to a group; roles and responsibilities; being the same and different in the community	Playing Games The internet in everyday life; online content and information	Harold Saves for Something Special What money is; needs and wants; looking after money	Harold’s Postcard Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help	You Can Do It! Growing older; naming body parts; moving class or year	How Safe Would you Feel? Safety in different environments; risk and safety
Y3/4 Cycle A	Family and Friends	Secret or Surprise	Respect and Challenge	As a Rule The value of rules and laws; rights,	Super Searcher How the internet is used; assessing	Can Harold Afford it!	Derek Cook Dinner	Let’s Celebrate Our Differences	The Risk Robot Risks and hazards; safety in the local

	What makes a family; features of family life	Personal boundaries; safely responding to others; the impact of hurtful behaviour	Recognising respectful behaviour; the importance of self-respect; courtesy and being polite	freedoms and responsibilities	information online	Different jobs and skills; job stereotypes; setting personal goals	Health choices and habits; what affects feelings; expressing feelings	Personal strengths and achievements; managing and reframing setbacks	environment and unfamiliar places
Y3/4 Cycle B	OK or Not OK? Positive friendships, including online	An Email from Harold! Responding to hurtful behaviour; managing confidentiality; recognising risks online	Human Machines Respecting differences and similarities; discussing difference sensitively	Harold's Seven R's What makes a community; shared responsibilities	Picture Wise How data is shared and used-tagging people	Harold's Expenses Making decisions about money; using and keeping money safe	SCARF Hotel Maintaining a balanced lifestyle; oral hygiene and dental care	Moving House Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty	Danger, Risk or Hazard Medicines and household products; drugs common to everyday life
Y5/6 Cycle A	Qualities of Friendship Managing friendships and peer influence	Independence and Responsibility Physical contact and feeling safe	Happy Being Me Responding respectfully to a wide range of people; recognising prejudice and discrimination	Local Councils Protecting the environment; compassion towards others	Star Qualities How information online is targeted; different media types, their role and impact	Different Skills Identifying job interests and aspirations; what influences career choices; workplace stereotypes	Smoking: What is normal? Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies	Stop, Start, Stereotypes Personal identity; recognising individuality and different qualities; mental wellbeing	Basic First Aid Keeping safe in different situations, including responding in emergencies, first aid and FGM
Y5/6 Cycle B	Don't Force Me Attraction to others; romantic relationships; civil partnership and marriage	Solve the Friendship Problem Recognising and managing pressure; consent in different situations	Dan's Day Expressing opinions and respecting other points of view, including discussing topical issues	Boys will be boys – challenging gender stereotypes Valuing diversity; challenging discrimination and stereotypes	It's a Puzzle! Evaluating media sources; sharing things online	What's It Worth? Influences and attitudes to money; money and financial risks	Five Ways to Wellbeing Project What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online	Is it Normal? Human reproduction and birth; increasing independence; managing transition	Rat Park? Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media